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SEPTEMBER/OCTOBER 2016



Smoke-Free

Monday 17 October



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Smoke-free: the final countdown

As Medway Maritime Hospital continues its exciting journey to become a smoke-free site on Monday, 17 October, staff, patients and visitors are preparing to stub out their final cigarettes in anticipation of the big day.

In what is a bold new policy that is being led by Lesley Dwyer, Chief Executive at Medway NHS Foundation Trust, there will be a strict no smoking ban in the buildings, hospital grounds and car parks of Medway Maritime Hospital from Monday, 17 October. Similar to the conditions you may expect when going to the airport or using public transport, the hospital will have a zero tolerance to smoking anywhere on site.

“As an ex-smoker myself, I’m absolutely behind my local hospital going smoke-free. We are a hospital – a place where sick people go to get better. I’m thrilled Lesley wants to make this a healthier environment for my family and colleagues.”

Toni Pike

Emergency Department Service Manager

Speaking at the beginning of summer, Lesley Dwyer opened the smoke-free campaign saying: “As a healthcare provider, it is important that



we promote healthy behaviours and I hope that we will all agree that this is a positive step in providing the best possible environment for patients and visitors”.

“With our entire executive team dedicated to creating a smoke-free site and members of frontline services volunteering to become smoke-free champions, it is clear to see there has been a real cultural change concerning smoking on hospital grounds.

Working together with Medway Stop Smoking Service, the Trust has created a smoke-free committee where corporate and clinical staff from across the hospital are coming together to ensure smoke-free Medway is a success.

Toni Pike, Emergency Department Service

Manager and member of the smoke-free committee said: “As an ex-smoker myself, I’m absolutely behind my local hospital going smoke-free. We are a hospital – a place where sick people go to get better. I’m thrilled Lesley wants to make this a healthier environment for my family and colleagues.”

The Trust has been actively working with Medway Council and local residents to make the transition to smoke-free as smooth as possible – receiving feedback and suggestions every step of the way.

Representatives of the Trust also held talks with Breathe Easy Medway, a local British Lung Foundation charity made of members who have lung conditions to discuss any feedback they

may have.

In the community, Robert Napier Secondary School have pledged their support by incorporating ‘smoke-free’ as a professional brief to art students. Students will be designing artwork to encompass this change, thinking about “clean air, new life and being revitalised”.

Over the next month, Medway Maritime Hospital will begin to erect permanent signage throughout the site to give clear notice of this major change.

If you are currently a smoker and would like to receive free stop smoking advice, please contact the Medway Stop Smoking Service on 07535 710329 or 0800 234 6805.

Puzzle page: brainteasers, mind benders and more P11 Find your way around: hospital map P12

National Organ Donation Awareness Week (5-11 September): Make your wishes known

No one wants to think about losing a loved one, but having a chat with close family about organ donation can make things easier should the worst happen.

Dr Gill Fargher from Rochester, knows this only too well after the death of her husband, Tristan, in January 2015.

The 56-year-old suffered a cardiac arrest while at work at Medway Maritime Hospital eight days after Christmas, and died 12 days later.

Although devastated by his death, Gill, a GP of 28 years, was able to make the decision to donate her husband's organs because she knew his wishes.

Gill said: "You cannot prepare for the shock of losing a loved one, but because we'd talked about it before, my decision to donate his organs was simple.

"He embraced life and always wanted to do good things for people – his wish to donate his organs was part of that. So while Tris was in intensive care, the fact that he was a potential organ donor became hugely important to me when I knew he was going to die, because it was something very positive."

Tristan helped at least four people as a result of his death.

Gill added: "My world had been smashed

to bits; I had lost Tris and the life we'd planned, but other people survived because he was a donor.

"You don't have to be on the register to donate your organs, but at the very least, make your wishes known to those closest to you."

Dr Paul Hayden, Clinical Director for Critical Care Medicine at Medway Maritime Hospital, said: "In the United Kingdom, organs and tissues can only be used with the donor's consent or with their family's consent after they die.

"Everyone can join the NHS organ Donor Register regardless of age, as long as they are legally capable of making the decision and they live in the UK."

Visitors to Medway Maritime Hospital may have seen the memorial artwork in the atrium, which honours all those who through their kindness and generosity have saved the lives of others.

The official unveiling will be held on Thursday, 8th September. News@Medway will keep you posted on the opening in our next issue.



Above: Gill's beloved late husband, Tristan
Right top: Happier times on their wedding day
Right bottom: Dr Gill Fargher



Schwartz Rounds

A Schwartz Round is a multi-disciplinary forum where staff discuss emotional and social dilemmas that arise in caring for patients.

The Rounds are held every month in Seminar 2 between 12.30pm–1.30pm and have attracted a full cross section of staff members including consultants, middle grade and junior/foundation doctors and general practitioners; ward sisters, nurses and student nurses, pathology, chaplain, pharmacists, admin and clerical, HCAs, AHPs, ODP, housekeepers and resuscitation and managers.

Previous topics covered are numerous and have included areas such as the personal impact of a memorable patient, the impact of working with a patient and their family during a difficult time, a case of self harm, working in the lonely hours and being protective and detective.

Future dates are as follows:

Thursday, 15 September

Friday, 14 October

Further information can be found on the Intranet site or by contacting Kane Willsea on kane.willsea@medway.nhs.uk

Local teenager donates gifts to children's ward

A kind-hearted 13 year-old-girl from Medway has provided the perfect gesture to the children's ward at Medway Maritime Hospital – an assortment of gifts for children of all ages.

Molly Treves, who lives in Chatham, has been a patient on Dolphin Ward since the age of two, when she was sadly diagnosed with Neuroblastoma, a rare cancer that mostly affects young children.

Despite having to contend with such a cruel blow at this tender age, Molly along with the love and support of her parents Chris & Rita and older brother, Sam, rallied and met the illness head on with determination and hope. This led to Molly eventually entering remission back in 2007.

While Molly is now thankfully free of the illness that took an inevitable toll on her young body, she still suffers side effects from time to time. A regular and popular patient on Dolphin Ward, Molly felt compelled to give something back to the staff and the children on the ward – some of whom might be facing the same situation that Molly once experienced.

Many of the gifts, which included toys and games, were donated by friends and family, while Molly and Sam's tireless campaigning on Facebook also resulted in a sizeable contribution to the haul of gifts that were unveiled to staff on



Gifts galore: Molly Treves, unveils her kind-hearted donation

the children's ward.

As part of a special visit to Dolphin Ward in July, the Medway teenager also presented a range of gifts suitable for adults, including shower gels, deodorants and shampoos – essentials items when parents are spending extended periods of time at hospital with their child. Molly said: "I just thought it would be nice for the children to get a present during their time in hospital. I hope it will cheer them up and make them feel less isolated while they're away from home. I thought it would also be helpful to

donate some of the items that adults might find handy, such as shower gels and deodorants."

Ann McKinnon, Hospital Play Specialist on Dolphin Ward, said: "It is great to see Molly looking so well after enduring some incredibly difficult times over the years. Not only was this tough on poor Molly, it was also extremely hard on her family.

"It says a lot about Molly as a person that she has taken the time to donate all these fantastic gifts to the ward, for which we are extremely grateful. She really is one in a million."

“Re my appointment today. I have seen this gentle person several times over the past few years. Due to a very violent childhood, I have very little trust in anyone, especially with this area of my body. Once again, I was a nervous wreck. And once again, the consultant put me at ease with their sense of humour and caring nature. The nurses were brilliant too.”

Baby units leading the way for high survival rates

Hearing the news you're pregnant naturally fills expectant mothers and fathers with excitement, joy and anticipation.

The first questions and thoughts that run through the mind of soon to be parents are usually: will it be a boy or a girl; who will the baby look like and of course, the all-important picking of baby names.

However, for some, their initial joy can descend into despair as they are told the devastating news that complications have been detected.

Complications such as genetic abnormalities, heart defects, prematurity and risks associated with multiple pregnancies are just some of the high risk conditions that the Fetal Medicine Unit (FMU) and Neonatal Intensive Care Unit (NICU) treat with impressive success rates – so much so that the departments are considered one of the best to treat complicated births and pregnancies outside of London.

Navjot Dusanj 30, from Rochester, received the exciting and unexpected news that she was carrying triplets, all boys to be exact. The thrill of her news was quickly taken over by worry as she was told by Professor Ranjit Akolekar, Consultant in Fetal Medicine, of the possible complications the pregnancy could have, both for her and her babies, Navjot said:

"Ranjit explained to me that I was carrying triplets, I was incredibly excited but then he calmly explained that this was a high risk pregnancy and that there was a significant chance of me losing one or more of my babies and the complications associated to my own health. He reassured me that the teams would do all they could to make sure all three boys and I were given the best medical care and advice, I knew we were in safe hands the whole way through."

At 28 weeks, Navjot underwent an emergency caesarean section to give the babies the best chance of survival. The triplets were immediately delivered to the Neonatal Intensive Care Unit due to their prematurity. It was here the teams closely monitored the vital signs of each baby,

“It was a very difficult journey made easier by the in-depth care and expertise we received by the teams and departments. My family and I couldn't be more grateful to them.”

Navjot Dusanj

making sure they were safely incubated until they were ready to breathe independently. Eventually all were brought to optimum health and Navjot and husband Rondeep were able to take their precious boys safely home.

Navjot continues: "It was a very difficult journey made easier by the in-depth care and expertise we received by the teams and departments. My family and I couldn't be more grateful to them."

Professor Ranjit Akolekar said: "Our determination and expertise, coupled with our sophisticated scanning technology, means that we are able to provide the best of care to mothers and their babies. We have many referrals from mothers outside of the area who know that their chances of delivering a healthy baby are greatly increased when they walk through our doors."

We also met new mother Mofi Ariyo 21, from Chatham, who was unaware that she was carrying her baby and thought that she was just putting on a little extra weight. She was given a scan after complaining about a severe stomach



Triplets in arms: Jaspal Dusanj, Grandmother of baby Rocco, Ranjit Akolekar with baby Roman, and Navjot Dusanj with her son, Reece

The statistics speak for themselves when compared to national detection benchmarks:

High risk condition	National benchmark for detection	Medway NHS Foundation Trust detection rate
Severe congenital heart defect	50%	90%
Lethal skeletal dysplasia (bone growth)	60%	100%
Spina Bifida	90%	100%

ache, when doctors confirmed that she was carrying a baby.

Due to the complications, Mofi underwent a caesarean section at just 25 weeks. The expertise of Aung Soe and his team in the Neonatal Intensive Care Unit meant that Mya-Miracle Akiyo although born extremely prematurely weighing just 655 grams, was able to go from strength to strength with the expertise and constant monitoring from the team.

Mofi smiles and looks dotingly over to her tiny baby girl who is now 48 days old and weighs one kilogram, she said:

"What the doctors and midwives have done for me and my beautiful baby girl is truly amazing. I look at her and thank them every day for protecting her little life; she really is my little miracle."

Aung Soe said: "We are dedicated to our mothers and babies and will work tirelessly to give the babies who are brought to our department the very best chance of survival. Family centred care, team work with good leadership and high standards of clinical care has been the key to our success."

We are very proud of our achievements and are humbled to be able to care for extremely premature babies until they are able to be in the loving care of their family home."

The Women and Children's department has been rated as 'good' with areas of 'outstanding' practice as identified by the Care Quality Commission (CQC).

The department looks to build upon this success by achieving an overall rating of 'outstanding' in our forthcoming CQC inspection.



Keeping an ever-watchful eye: Aung Soe with mum, Mofi Ariyo, and her newborn baby, Mya-Miracle Akiyo

“Our determination and expertise, coupled with our sophisticated scanning technology, means that we are able to provide the best of care to mothers and their babies.”

Professor Ranjit Akolekar
Consultant in Fetal Medicine



Medway's Neonatal Unit has been recognised as outstanding by the Care Quality Commission

Aiming for Best: moving to the next stage of our improvement

We have had some challenging times at Medway in recent years but we are really delighted to have made some important progress over the last few months.

By continuing our efforts in improving our hospital, we have reached some significant milestones. The hospital is now safer, cleaner and more responsive to the needs of patients. We have made the hospital safer, cleaner and more responsive to the needs of our patients. Our patients are now seen quicker when they arrive at the Emergency Department, see fewer different doctors during their stay, and are discharged to the comfort of their own home quicker. This progress has been acknowledged by both the Secretary of State, Jeremy Hunt, following his recent visit, and the Care Quality Commission (CQC). Some of the achievements we have made include:

- Our patients stay for less time – the average length of stay on our admissions wards has gone down from 11 days to less than three
- Less patients stay in hospital unnecessarily – 40% fewer patients who are fit for discharge are stuck in hospital
- More patients avoid a hospital stay – around 35% of medical patients are now discharged within a day compared with 20% before the introduction of our Medical Model

- We employ more staff in our Emergency Department – nursing vacancies in our Emergency Department have reduced from 60% to 25%
- We see patients who arrive by ambulance sooner – we see around 60% of ambulance patients within 15 minutes – making us consistently one of the best performing NHS Trust's in the region

The next step of the plan is all about aiming for best. We need to build on the momentum we have generated, continue to improve the way we work, deliver the best possible care that we can, and, by doing this, get out of special measures.

Our six commitments remain at the heart of what we are trying to do – delivering the best of care, with the best of people. Our key commitments are:

- Continuing to modernise our Emergency Department, reducing the time it takes for patients to be seen and assessed.
- Improving patient safety and care by minimising the number of different doctors that patients see during their stay in hospital.
- Accelerating our recruitment drive to bring in

the right people with the right skills. This will ensure consistent high quality care by reducing our dependency on interims and agency staff.

- Continuing the work to improve our corporate and clinical governance, which will support both safe and high quality patient care and a productive working culture for staff.
- Improving care for patients with cancer, reducing waiting times, replacing our scanners and providing additional capacity for patients to see specialists.
- Working with our healthcare partners so patients get the right care in the community, when they are ready to leave hospital.

What's important about the next steps in delivering our improvement plan, is that as well as focussing on delivering the best quality care, we need to try and work as efficiently as we can – addressing the deficit in our Trust, while not compromising patient safety.



We will update you on our progress in future editions of news@Medway.

Be the Best

- B Bold**
- E Every Person Counts**
- S Sharing & Open**
- T Together**

Making
our vision
reality



AREAS OF FOCUS FOR THE NEXT FEW MONTHS:



UNPLANNED CARE

Improving care for people requiring urgent and emergency care before, during and after hospital



PLANNED CARE

Improving care for non-emergency day case and cancer patients before, during and after hospital



OUTPATIENTS

- Improving the management of appointments
- Improving the way we care for outpatients during their visit to hospital
- Bringing care closer to home by improving the use of community services



HEALTH INFORMATICS

- Providing the right information to our clinicians wherever and whenever it is needed
- New digital solutions to help build an electronic patient record and enable a safer, faster patient experience



GOVERNANCE AND STANDARDS (CQC)

- Ensuring we comply with regulatory standards
- Preparing the Trust for the CQC's inspection in November



FINANCE

Reducing the Trust's deficit while improving its financial stability



WORKFORCE

- Having the right people providing the right care at the right time
- Improving recruitment and retention
- Supportive culture which values everyone's contribution
- Developing staff skills through increased learning and development



FOCUS ON MORTALITY

- Enabling better detection and treatment of patients whose condition worsens
- Improving the way we measure performance
- Improving the way we care for end of life patients

Emergency Department reduces its vacancy rate by nearly 40 percent

Medway Maritime Hospital has revealed further evidence of the significant progress that is being made as part of its plan to improve the hospital for the people of Kent and Medway.

The Emergency Department has achieved a substantial reduction in its nursing vacancy rate in the space of just eight months. The vacancy rate stood at 65 percent last November, yet now stands in the region of 24 percent. This is ahead of the department's target, which aims to achieve a vacancy rate of 10 percent by the end of October.

“We're really excited by the progress we've seen in the last eight months and the profound impact this has had on staff morale.”

Cliff Evans
Consultant Nurse, Emergency Care

With many NHS Trusts currently struggling to fill nursing posts, the new Emergency Department senior team carried out a root and branch review to identify the following: how can they recruit nursing professionals interested in an exciting career within emergency nursing, and most importantly, how can they retain them and their existing staff.

Medway Maritime Hospital is now offering newly-qualified nurses the chance to not only ply their trade in one of Kent's most challenging and rapidly improving emergency departments, but also the opportunity to develop their skills to



Aiming for a full house: the Emergency Department has seen its vacancy rate drop dramatically

become a specialist in emergency nursing.

As part of the new recruitment and retention programme, newly-qualified nurses straight out of university will begin an 18-month preceptorship programme within the Emergency Department, designed to offer essential grounding and experience in emergency nursing.

At the end of this period, nurses who wish to pursue a career and obtain a professional qualification in emergency nursing will have the option to enrol on either an undergraduate BSc or postgraduate MSc in Evidence-Based Emergency Nursing.

Cliff Evans, Consultant Nurse (Emergency Care) at Medway Maritime Hospital said: “We're really excited by the progress we've seen in the last eight months and the profound impact this

has had on staff morale.

“We now have a strategy in place that not only places a huge emphasis on recruiting staff, but also focuses on retaining and educating nursing professionals once we get them through the front door.

“We can only achieve this by applying the right balance of career progression and further education. That's exactly what we have been doing since last September and it is starting to pay dividends. The introduction of the new postgraduate courses will prove invaluable in retaining those staff, who under previous circumstances, might have perhaps started to look elsewhere.”

There is significant evidence that well-trained and motivated nursing staff provide increasingly

effective care, resulting in patients recovering faster, and returning home quicker. There has already been a marked reduction in the Trust's historic mortality rate, with this set to continue.

The Evidence-Based Emergency Nursing degree programme will start in October 2016. Candidates will include existing staff members, who will be able to add to their existing experience and progress their careers. These courses will be delivered in-house at Medway Maritime Hospital and accredited by the University of Greenwich.

For further information on career opportunities within the Emergency Department, please contact Cliff Evans on cliff.evans@nhs.net

Medway League of Friends celebrates 50th Anniversary!

The Medway League of Friends charity celebrated its 50th Anniversary with a Summer Tea Party to thank its volunteers and staff for their dedication and service.

The charity plays a fundamental role within Medway NHS Foundation Trust and was initially established more than 50 years ago to provide simple patient comforts, like some new curtains for a ward or a bedside chair.

However, today – as a registered charity - they fund valuable equipment for the treatment and diagnosis of patients. In fact, in the last 20 years, the charity has raised a staggering £3.5 million.

Funds are raised every time an item such as a bag of crisps or a bar of chocolate is purchased

in one of the three shops located at the Trust; snacks are also sold on trolleys which volunteers take to wards and at the on-site kiosk.

The League have a small team of managerial and supervisory staff, but patients, visitors and staff are mainly served by a band of volunteers – currently standing in the region of 200. Without their help, the League could not be the success it is.

Marion Cogger, Secretary for Medway League of Friends, has been with the charity for over 25 years and said: “It's wonderful to be able to come together to celebrate our 50th Anniversary over a lovely afternoon tea. By giving our time, we have benefitted patients, staff and the local

community and that makes us all feel very proud to be a part of the League of Friends.”

Shena Winning, Chairman of Medway NHS Foundation Trust said: “The League of Friends volunteers play such a crucial role at the Trust, especially in raising funds to purchase valuable pieces of equipment. Their commitment and dedication to the Trust and fundamentally our patients is immeasurable. We couldn't be more grateful for their contribution.”

If you have some spare time and would like to join the League of Friends team as a volunteer, please contact 01634 830 000 ext. 3695



Join the NHS Retirement Fellowship

Are you nearing retirement age and wondering what you will do with all your leisure time when you leave work? Then wonder no more! On the first Tuesday of every month, you can join the NHS Retirement Fellowship in the hall of St. Augustine's Church, Rock Avenue, from 2.30-4.30pm for a cuppa, a raffle and a chat!

Every month they have a speaker or an activity; recent meetings have included topics as diverse as a pearl expert, hearing dogs for the deaf, Demelza House and films of the National Trust and Burma. They also hold a bring and buy sale every November, a party for their birthday in August and a Christmas lunch in December. Their social secretaries also organise day trips and holidays.

If you think you might be interested in joining, please feel free to pop in on the first Tuesday of any month and make yourself known to the Chairman (his name is Paul!).

Alternatively, if you would like a chat before coming, please contact Pam Bradley on 01634 855397, 07976 365 998 or pambradley@blueyonder.co.uk.

“Had to attend Sunderland Day Centre for a urology procedure. The care and dignity given to me was second to none. All the nurses and doctors were fantastic. Didn't help me being a very nervous patient. So thanks to all in the day centre for all your help and understanding.

“I was a patient at the Cardiac Catheter suite for cardioversion today. I was feeling a bit nervous, but from when I was admitted to when I was discharged, I was treated so well. All the procedures were explained clearly, any worries alleviated and I was treated with the utmost respect. You are a brilliant team, well done.

“Amazing staff! The staff here made a heartbreaking experience bearable. I was treated with respect at all times; all staff were so polite, and showed compassion. I was so nervous having the procedure done, but was put at ease. I couldn't praise them more.

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Our Twitter feed
[Medway_NHS_FT](https://twitter.com/Medway_NHS_FT)

Our Facebook page
[Medway NHS Foundation Trust](https://www.facebook.com/MedwayNHSFoundationTrust)



Let's get baking to beat Multiple Sclerosis

Between 8.00am and 2.00pm on Monday, 26 September, the Medway Multiple Sclerosis (MS) Society will be raising money to support local people living with MS by holding a Cake Break in Medway Maritime Hospital's main foyer.

MS is a neurological condition which affects around 100,000 people in the UK. In MS, the coating around nerve fibres (called myelin) is damaged, causing a range of symptoms.

The annual Cake Break is national MS society event and is a great excuse to get together for a catch up with friends, family and colleagues, eat some delicious cake and raise money for a brilliant charity.

Along with socials, drop-in therapies and clinical talks, The Medway MS Society provides local people living with MS, their carers and families with support and the latest information

available, so they can live a healthy and independent life.

Russell Benson, Cake Break Manager at the MS Society said:

“We'd love more people to get involved with Cake Break. It's a scrumptious way to fundraise for people affected by MS. Simply invite friends, family and colleagues to join you for some tasty treats in return for a donation.

All the money raised will go towards funding life-changing research to beat MS, supporting our helpline and providing grants and short breaks for the 100,000 people in the UK affected by MS.”

- £350 could buy a much needed respite break for a family living with MS.
- £500 could go towards a mobility scooter

to help someone with MS get their independence back.

- £200 could pay for an hour of research with an MRI scanner to better understand what happens in MS.

As well as advertising the Cake Break, the Medway MS Society is also asking for sweet and savoury baked donations for the Cake Break.

If you would like to give a helping hand to the team behind the big day, please contact Martine on 07804 600 677 or email medway@mssociety.org.uk.

Want to host your own Cake Break and raise money for your local MS society? Visit cakebreak.org.uk for great recipes and ideas.

Annual 'Pamper Day' for women battling cancer

For women battling cancer, the journey can mean not only an emotional and physical battle, but also one that pulls apart a woman's sense of self, her core, her femininity.

The women who volunteer for charity, Medway & Swale (West) Association for Breast Cancer, know this only too well. Many have been former patients, or family members of those who have been treated at Medway Maritime Hospital.

Their intimate knowledge of the many ways in which surgery and radiotherapy can take its toll on your appearance and emotional well-being prompted the charity to set up the 'Pamper Day', now in its tenth year and still going strong.

The day consists of free beauty treatments from facials to massage and aromatherapy, with specialist nurses available so women can ask questions about their treatment in a friendly and informal environment.

Margaret Lewis, who volunteers at the charity, spoke to us and explained;

“We've found the Pamper Day to be a wonderful forum for women to open up and speak to others at what is often a difficult and lonely time.

“Going through treatment for cancer, with possible hair loss, mastectomy and sometimes weight gain, can make you feel unrecognisable to yourself. We hope by running the Pamper Day we can remind women of who they really are, despite the illness they are fighting.”

The 'Pamper Day' will be held on Saturday, 1 October. News@Medway will update you with pictures from the day in our next issue.



Care Quality Commission inspection due November 2016

Medway NHS Foundation Trust will be inspected by the Care Quality Commission (CQC) in the autumn. The CQC will ask questions about the quality of services based on what matters most to patients.

The CQC's inspection of the hospital in August 2015, and the report it published in January 2016, in which we were again rated as inadequate, were watershed moments for the Trust. There were already a range of improvement plans in place; however it was clear that we needed to accelerate our drive to improve the quality and safety of patient care within the Emergency Department and throughout the hospital. We were given a period of three months from January to demonstrate sustainable improvement and were subject to a short targeted inspection in March 2016. The feedback from this inspection acknowledged an improvement in performance.

Since then, we have made a concerted effort to enhance patients' experience in our Emergency Department, reduce waiting times, improve cleanliness, and get patients home quicker. The accelerated drive is starting to



lead to improved performance, but there remains a long way to go if we are to achieve our aim of coming out of special measures.

We welcome the CQC's inspection and look forward to the opportunity it will provide to share our good work, and demonstrate that we have continued to make progress since March 2016.



The five key questions that the Trust will be reviewed on are:

- 1. Are services safe?**
Patients are protected from physical, psychological or emotional harm or abuse.
- 2. Are services effective?**
Patients' needs are met and care is in line with national guidelines and NICE quality standards, and promotes best chance of getting better.
- 3. Are services caring?**
Patients are treated with compassion, respect and dignity and that care is tailored to their needs.
- 4. Are services responsive?**
Patients get the treatment or care at the right time, without excessive delay, and are involved and listened to.
- 5. Is the Trust well-led?**
There is effective leadership, governance and clinical involvement at all levels, and a fair, open culture exists which learns and improves listening and experience.



Sandra, Senior Sister
Medway NHS Foundation Trust

Trust invests £1.5 million in new medical equipment for patients

Medway Maritime Hospital, with support from the League of Friends charity, has pledged to invest £1.5 million during the 2016/17 financial year on new medical equipment for patients – enhancing levels of patient care and safety across the Trust.

Investment in innovative, state-of-the-art equipment is crucial in ensuring that patients receive the best possible care. Some of the equipment to be purchased includes 22 new medical monitors which will replace outdated models.

These monitors are able to detect signs of illness or deterioration in a patient's condition, such as subtle breathing abnormalities which other monitors are unable to detect. This allows clinicians to stay regularly updated on the patient's condition and adjust their treatment plan accordingly.

Other equipment includes new neonatal incubators, ultrasound machines and full replacement of the Hospital's 48 defibrillators – which can save the lives of patients experiencing cardiac arrest.

Darren Cattell, Director of Finance, explains, "As a Trust, we are committed to making investments in services that will improve the levels of safety and care we deliver to our patients. The £1.5 million investment will provide our medical teams with the equipment and technology they need to treat our patients more effectively than ever before".

The Secretary of State for Health, Jeremy Hunt, recently visited the Trust and said: 'I am



very impressed by the progress that has been made. Change always takes time, but I feel that they [Medway NHS Foundation Trust] are really turning a corner".

In their latest fieldwork visit, the CQC found 'significant improvements' in both safety and leadership within the Trust - demonstrating the steady progress Medway is making on its recovery programme after years of instability.

We are improving your hospital

Although we have made progress in recent months, we know that we need to continue to improve to enable us to provide the level of care that the people of Medway and Swale want and deserve. **This is what we're working on:**



Continuing to change the way the hospital is run and make this a great place to work.



Modernising our Emergency Department which will enable patients to be seen more quickly.



Improving patient safety and care by reducing the number of different doctors that patients see during their stay.



Stepping up our recruitment drive to bring in the right people with the right skills. This will ensure we provide the best quality care, all of the time.



Improving care for patients with cancer, reducing waiting times, replacing our scanners and providing additional clinic appointments for patients to see specialists.



Working with our healthcare partners so patients get the right care in the community, when they are ready to leave hospital. This will free up beds.

Where you can find your copy of news@Medway



The newsletters are free and distributed throughout the hospital. They can be found in:

- Magpie Children's area
- Macmillan Cancer Care Unit
- GUM clinic
- Postgraduate Centre
- Education Centre
- Diabetes Centre
- The Atrium
- Restaurant
- Coffee shop
- Outpatient areas 1 to 7
- Emergency Department
- Sunderland Day Case Centre

Members' Corner

We held two well-attended meetings during July

On 13 July, we held a really successful meeting about our smoke-free plans with Trust members, local residents and other members of the public. There was a strong turnout with a range of views and thoughts on our plans.

There was a really constructive discussion with some local residents who raised concerns about the impact this may have on them. We are committed to working with local residents, the council and the local police to ensure not only that our move to become smoke-free is a success but that it will have minimal impact on our neighbours.

We had another fantastic members meeting on 26 July, where our clinical directors gave an overview on the improvements that are taking place within the Trust. These included;

- The strides we are making in our Emergency Department
- Our aims for improving our planned care and how we will achieve it
- The success and future developments of our Women and Children's department

Our members' are the voice of the local community and their views and feedback are invaluable to us. We look forward to giving you future updates on our regular members meetings!

How to become a member

Residents and patients in areas served by Medway Maritime Hospital, as well as staff, can register as members of the organisation. Membership allows local communities to have ownership of their NHS foundation trust. As membership numbers increase, links between the hospital and the local community will strengthen.

If you become a member, you can:

- have the opportunity to learn how both the hospital and the wider NHS work
- help us improve patient care, including cleanliness and safety by feeding in your views and ideas
- become involved in plans for future development
- you can vote to elect the Council of Governors and stand for election as a governor yourself.

If you would like to become a member, please contact the membership office.

members@medway.nhs.uk
01634 825292

Dates for your diary

Trust Board meetings

The Board meetings are held in public every month and we welcome people to come along and observe proceedings.

Thursday 29 September 2016, 1.30pm

Trafalgar Conference Suite, Level 3, Green Zone.

Thursday 27 October 2016, 1.30pm

Trafalgar Conference Suite, Level 3, Green Zone.

The start time and venue are subject to change, so please check our website before attending

www.medway.nhs.uk/about-the-trust/publications/board-papers

Annual General Meeting

Our next Annual General Meeting (AGM) will be held on:

Tuesday 27 September 2016, 6.00pm-8.00pm

Medway Maritime Hospital, Atrium.

Council of Governors

What is the Council of Governors?

The Council of Governors work closely with the Board of Directors, representing the views of local people and organisations to ensure the hospital provides the best possible services for patients.

The Trust's Board of Directors will continue to provide overall direction and leadership and ensure that it fulfils its legal obligations.

Governors' roles and responsibilities

The key role for governors, whilst representing the interests of their constituency, is to ensure the Board fulfils the requirements of Monitor (the Trust's independent regulator) and acts in accordance with the Trust's identified objectives. The Council of Governors acts in an advisory capacity and by doing so, contribute to the strategic direction of the Trust. The operational management and decision-making however remains with the Trust Board.

2016 Council of Governors Election

We are pleased to announce the results of the 2016 Council of Governors election.

Please note that the candidates for the public governor of Swale and the staff governor are elected unopposed. Congratulations to those new and re-appointed governors.

We would like to extend our thanks to Alan West and Richard Tripp for their hard work and contributions which have helped to shape the improvements made in the past year and we hope to see them continuing to take an interest in the Trust.

Stella Dick has been re-elected as the Trust's Public Governor for Medway, congratulations!

If you would like to get in touch with the governors please contact hannah.puttock@nhs.net

PUBLIC: MEDWAY

Ann Smart

"I have worked in Healthcare for over forty years in both clinical and managerial capacity within the NHS and Private sector.

"Having recently served as Public Governor for Medway NHS Foundation Trust, I felt great reward in supporting and helping the Trust move forward in their drive to improve services to the community.

"I would like the opportunity to continue to be part of this very positive process in maintaining the standards achieved to date and working towards providing even better services in the future."

PUBLIC: REST OF ENGLAND AND WALES

Alastair Harding

"I want to give something back to one of the hospitals that has done so much for me and family.

"My twin daughters were born three months prematurely in 2011 and both were cared for in the Oliver Fisher Unit at Medway.

"Since then, I have begun volunteering with SERV Kent, a charity that delivers blood products out of hours for the NHS. I work in financial services risk management and I am keen to get more involved in supporting this great hospital."

PUBLIC: SWALE

Leslie Peter Hallybone

"It would be my intent to be proactive to support communications and motivation of staff, fully supporting retention & recruitment of new NHS staff and to make the Trust fully aware of the needs of Swale patients.

"As a retired Commercial Consultant I recognise the need to work in existing environments that exist at Medway, to work as a team to obtain the best results.

"My health service experience includes being a member of a PPG & PLG as well as Swale Health Campaign Group."

STAFF: ALLIED HEALTH PROFESSIONALS

Vivek Kumar Sharma

"I am a Team Lead Occupational Therapist working at Medway Maritime Hospital for the last 15 years. It is my passion and drive to provide best quality of care to people to improve their safety and quality of life.

"I strongly believe helping staff to grow by engaging them at each and every level of process in order to improve staff satisfaction and retention.

"My desire is to become AHP (Allied Health Professional) governor to assist other governors and the senior executive team in the ongoing advancement of the Trust."

All governors have been appointed for a period of three years.



Medway NHS
NHS Foundation Trust

We care because you do

Do you look after someone with Dementia or memory problems?

Join the Dementia & Delirium team for a complimentary coffee and cake at our Carers coffee break.

Share your experiences with others who understand your role and get advice on the support that is available in Medway and surrounding areas.

For more information and to find out when the next coffee break is, please call Jo and Ruth on 01634 830 000 ext 3208.

Proudly in partnership with...



Innovation in simulation

An exciting new approach to simulation in healthcare at Medway Maritime Hospital has been commended by a top UK university.

Led by Dr Manisha Shah, Simulation lead at Medway NHS Foundation Trust, the Trust has recently been accredited by Health Education England and the University of Kent on the amazing and innovative work carried out in the field of simulation to improve patient safety.

Simulation in healthcare gives medical professionals the freedom to learn in a safe, non-judgmental environment, enabling hands on practice and training, thinking skills, knowledge in action, decision making, effective communication and team work behaviours. Each simulation learning experience can be customised to accommodate novices and experts and contributes to better patient safety and care.

Congratulating the team on their hard efforts, Dr Shah applauded the first set of clinicians who successfully completed Module 1: Simulation in Healthcare. This module was designed to enable the participants to understand value and usefulness of simulation in healthcare and gain skills to improve patient safety. The module also encourages the participants to look at system failure or critical incidents in their clinical area, allowing them to develop and deliver simulation based training to improve patient safety.

Joanne Howard, Multi-Professional Simulation Coordinator at Medway NHS Foundation Trust, reflected on the module by saying: "I have been very fortunate to have been involved in the development of this module. Everyone involved has worked so hard to make this a success and it is fantastic that nine staff members at Medway have successfully completed this module, and taken forward their learning to support and improve patient safety. I cannot thank the team members at the University of Kent for the support they gave me guiding me through all the tasks involved in getting this set up."

“Everyone involved has worked so hard to make this a success and it is fantastic that nine staff members at Medway have successfully completed this module, and taken forward their learning to support and improve patient safety.”

Joanne Howard,
Multi-Professional Simulation Coordinator

The Simulation Team would like to thank Health Education Kent Surrey and Sussex and Technology Enhanced Learning Programme for their support and the all faculty members for their hard work, support and personal time given to enable the successful delivery of this module – in particular: Dr Seyi Oyesola, Consultant Anaesthetist, Dr Felicity Brokke, Consultant Neonatologist, Karina Vandertak, Clinical Educator, Neonates, Dr Oliver Blightman, Anaesthetist and prestigious external speaker Mr Guy Hurst, retired Aviation Pilot.

Due to the hard work of all those involved and the excellent feedback received, funding from Health Education Kent Surrey and Sussex Technology Enhanced Learning Programme (HEKSS TEL) has been successfully secured to support the delivery of this module again in 2017.



Left to right: Mita Model (University of Kent) Karina Vandertak (Medway NHS Foundation Trust), Manisha Shah (Medway NHS Foundation Trust) Debbie Reed (University of Kent), Jo Howard (Medway NHS Foundation Trust), Linda Lygrys (University of Kent) and Carol Atkins (Medway NHS Foundation Trust)



Back row left to right: Verolyne Tolat, Manisha Shah, Paras Mohanalal, Rishu Goel, Victoria Lander and Felicity Brokke
Front row left to right: Audrey Najuko, Alfred Sime, Linda Prior and Karina Vanderta

Medway set to embrace the digital age



Digital whiteboards and tablets will play a major role in the future delivery of better patient flow and safer care

Medway Maritime Hospital is set to embark on a new exciting digital age to help improve patient care and experience.

The Trust has recently seen some real signs of progress: the average length of stay on wards has dropped significantly; nursing vacancies in the Emergency Department has been reduced and the hospital is also seeing fewer patients who are medically fit remaining in hospital.

While these are tangible signs of the progress that is being made, Medway needs to look beyond this – it needs to look at how to deliver healthcare more innovatively in the future. That is where health informatics comes in.

In the coming months, patients and staff will witness a much-needed "sea change" as Medway Maritime Hospital steps into the digital age.

By late November, Medway will have started the roll-out of an entirely new bed management system, which will offer real-time, digital intelligence on which patients is where, within the hospital.

This project marks a major milestone in the Trust's bid to become paperless by 2020, as Liz Capp-Gray, Associate Director of the Health Informatics Programme, explains:

"In practical terms, this will be made possible through the use of 42-inch digital whiteboards on the wards. These will allow clinical staff to identify what bed space is available for patients.

Once ward staff have found a suitable location, they will simply drag and drop the patient on the screen to their selected location. This will offer clinicians and service managers a real-time source of information as to where any one patient is at any time. It will also mean the end of patient whiteboards as we know them!

Hot on the heels of this will be the arrival of a new electronic observation programme in December – commonly known as "track and trigger", as Liz explains further:

"As part of this programme, nurses will be able to record patients' blood pressure, pulse, oxygen levels and other observations on a smartphone or tablet – similar to an Android Phone or iPad. This will automatically be uploaded onto the software, which will alert the appropriate doctor if there is a problem with the patient.

"It will mean a wider group of clinicians can intervene before the patient's health deteriorates and reaches a critical state. It will also call time on the scenario where a nurse has to run back to their station to try and bleep a doctor."

For further information on the Health Informatics Programme, please contact Liz Capp-Gray on liz.capp-gray@nhs.net

Research and Development team lead the challenge to find tomorrow's cures

Medway Maritime Hospital is committed to continually improving quality of care for our patients. We do this by looking at different methods of care to understand how these may be improved.

This area of work is led by the Research and Development team, a group of scientists, research nurses and midwives, administrators and pharmacists. The team collaborates on a range of projects with local healthcare partners, pharmaceutical and professional services companies, and with our academic partners, Greenwich University, Canterbury Christchurch University and University of Kent.

As Robert Hughes, Research and Development Officer, explains:

"The aim of this work is to explore and discover better treatments, new medicines, and better ways of providing care.

"Through research and development, the NHS develops new techniques and therapies in the prevention, diagnosis and treatment of disease. As a Trust, we lead around 170 projects at any given time, involving around 9,000 patients each year which is the largest population of patients involved in clinical trials in the region."

The R&D Team support and facilitate this work by providing research governance to ensure adherence to guidelines designed to protect participants, researchers and the Trust; and



Medway Maritime Hospital is leading the way in several areas of pioneering research

by advising and supporting researchers at all stages of their work from initial design and grant application through to dissemination of findings. All research undertaken at Medway must be registered with the Research and Development team, and follow national guidelines set out by the Department of Health.

Some of the areas of research that the Trust is exploring include advancements in

cancer treatment and foetal medicine, as well as the development of new medical devices. One project, being carried out in partnership between CUPRIS Health, the Trust, and with our patients, is to develop better ways of diagnosing inner ear conditions. The clinical trial for this project involves the patient taking a high quality image of the inside of their ear using a tiny camera that connects to their Smartphone. The

patient then uses their Smartphone to send the image to a clinician for diagnosis. This is an example of where a medical device is helping patients and clinicians to work in partnership toward faster, improved care and outcomes.

Working together in this way with patients and our partners, the Trust is helping the NHS to continue to make advances in medical research that directly benefit patients and save many lives.

Cancer care takes a person-centred approach for every patient

According to Macmillan Cancer Support's latest statistics, 2.5 million people in the UK are living with cancer, enough people to fill Wembley Stadium 23 times over.

The growing number of people being diagnosed and living with cancer shows no sign of slowing, a trend that presents a big challenge to the NHS across the country.

Locally, the Trust's Cancer Services team have worked with the NHS Intensive Support Team and commissioners to address specific areas that needed improving. Over the past 18 months, Alistair Lindsay, General Manager for Cancer, Haematology & Pathology and his team have worked with business information, the patient service centre, speciality clinicians and management to improve tracking of information about treatment of patients through their care journey, monitor patient pathways to ensure data quality and escalate issues that cause delays in diagnosis or treatment and, above all, ensure that the Trust is providing top-quality care for every patient.

A key area that the team has focused on has been closely following each stage of treatment for individual patients, an area where

specially trained multi-disciplinary team (MDT) coordinators play an important role. They ensure that accurate information about each patient's care is captured in real time, organising and administering the multi-disciplinary team meetings where diagnoses and decisions on treatment are made with clinical teams across the region, so that every patient is receiving the right intervention at the right time.

'Along with the improvements to tracking the care of individual patients, we are also increasing the number of clinics, so that patients can be seen as quickly as possible, following their initial referral,' said Alistair. 'Our booking team and pathway coordinators call each patient to make sure appointment slots are set up within two weeks of initial referral, in line with national cancer waiting time standards. Our team work approach, involving clinicians, specialist nurses, MDT coordinators, social workers, pathway coordinators and booking team, puts the right support around each patient at every stage of



Pictured from left to right: Anne-Marie Acheson, Sarah Matthews, Denise Wallis, Virginia Hampton, Suzanne Bodkin, Margaret Woodford, Carly Sayer, Julieanne Hart, Mandy Hook, Karen Medcalf, Amy Collins, Emma Piper, Linda Caine, Alistair Lindsay

their care, ensuring we are delivering the best possible outcomes.'

The Trust's Macmillan Cancer Care Unit includes the Lawrence Ward and Galton Day Unit and delivers specialist care and chemotherapy. Additional services for patients

include an information centre for patients and relatives, and a tranquil garden.

More information about the Trust's cancer care services is available at www.medway.nhs.uk/our-services/cancer-services



puzzle drome

Your monthly puzzle challenge

No. 3601

CROSS CODE

7	9	12	22	24	25	1		4	8	25	1	25
9		25		8		25	1	3		17		10
18	3	20	16	22	20	21		24	8	9	18	12
12		11		11		9		25		3		13
26	12	25	3	16		11	22	1	11	15	25	26
	25			25	6	25	1			15		25
11	3	18	25	1	3		13	2	25	19	25	21
15		9			20	22	20	25			14	
3	21	21	1	25	26	26		15	9	20	14	26
12		21		20		15		22		13		24
12	1	22	5	25		3	18	25	1	22	11	3
25		25		18	25	20		23		26		20
21	22	1	24	19		21	25	26	11	25	20	21

ABCDEFGHIJKLMNOPQRSTUVWXYZ

1	2	3	A	4	5	6	7	8	9	10	11	12	13
14	15	16		17	18	M	19	20	N	21	22	23	24
25	26												

EACH number in our Cross Code grid represents a different letter of the alphabet. You have three letters in the control grid to start you off. Enter them in the appropriate squares in the main grid, then use your knowledge of words to work out which letters should go in the missing squares.

As you get the letters, fill in the other squares with the same number in the main grid and control grid. Check off the alphabetical list of letters as you identify them.

MAGIC SQUARE

CORPORATE PEN-CASE

USING all 16 letters of the phrase above, form four words each of four letters which will fit in the grid to form a magic square in which the words can be read both horizontally and vertically.

Quiz Challenge

1. In 1520 which French king met Henry VIII of England at the Field of the Cloth of Gold?

2. Which ITV drama series was filmed in the North Yorkshire village of Goathland?

3. Which country hosted the European Football Championships in 2004?

4. Which Italian town in Piedmont is famous for its sparkling wine?

5. In Norse myth, what was 'slain warriors hall' better known as?

6. Which British political party was nicknamed the 'Claret and Chips' party?

7. Which pop group had their only UK No 1 hit with Fairground in 1995?

8. Which sugar occurs naturally in honey and fruit?

9. Michael Fassbender was nominated for a Best Supporting Actor Academy Award for playing a cruel landowner in which film?

10. What is a valetudinarian?

NONAGRAM

R	E	V
R	U	T
U	C	A

HOW many words of four letters or more can you make from this Nonagram? Each word must use the central letter, and each letter may be used only once. At least one word using all nine letters can be found.

Guidelines:
14 Good; 16 Very Good; 19 Excellent.

Any word found in the Concise Oxford Dictionary (Tenth Edition) is eligible with the following exceptions: proper nouns; plural nouns, pronouns and possessives; third person singular verbs; hyphenated words; contractions and abbreviations; vulgar slang words; variant spellings of the same word (where another variant is also eligible).

WORD PYRAMID

SPELL out a 15-letter word or phrase by moving from one chamber to another within the pyramid. You may only enter each of the chambers once and may only proceed through openings in the walls. The first letter may appear in any chamber.

L				
D	O			
E	F	H		
L	O	E	F	
A	S	R	E	R

FIVE ALIVE

MW	RO	UO	RT	EN
IU		DL		OV
MD	AR	OT	IV	EN
MO		RU		EN
WY	EO	AR	MS	ST

HERE are two miniature five-square crosswords using the same grid – but the letters have been mixed up. You have to work out which letters belong to which crossword.

CRYPTIC CROSSWORD

1	2	3	4	5	6	7	
8				9			
		10					
	11						
12		13		14			
15			16			17	
							18
19				20			
21				22			

ACROSS

DOWN

QUICK CROSSWORD

1	2	3	4	5	6	7	
				8			
9					10		
11	12				13	14	
			15	16			
17	18				19	20	21
			22	23			
24			25		26	27	28
29				30			
			31				
32					33		

SUDOKU

Easy

Hard

EACH row and each column must contain the numbers 1 to 9, and so must each 3 x 3 box.

	4	5	1	6			7	
		8	9		5			2
		3		7		5	1	
			6					
1	2	6	8	5				
			3			7		
5		1				2		
3		4	7	2			9	
	7					3	8	

		7						2
3		9	5	2				4
6				9	1			
			3				8	4
			4			1		
		8					3	9
		3					5	7
	7		2	1	3		9	

EQUALISER

6	2
5	2
2	2
2	2
1	1

PLACE the four signs (add, subtract, multiply, divide) one in each circle so that the total of each across and down line is the same.

Perform the first calculation in each line first and ignore the mathematical law which says you should always perform division and multiplication before addition and subtraction.

All puzzles on this page are supplied by Sirius Media Services. To try more of our puzzles interactively online go to www.puzzledrome.com

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PREVIOUS SOLUTIONS

QUIZ CHALLENGE:

CROSS CODE

EASY SUDOKU

HARD SUDOKU

MAGIC SQUARE:

WORD PYRAMID:

EQUALISER:

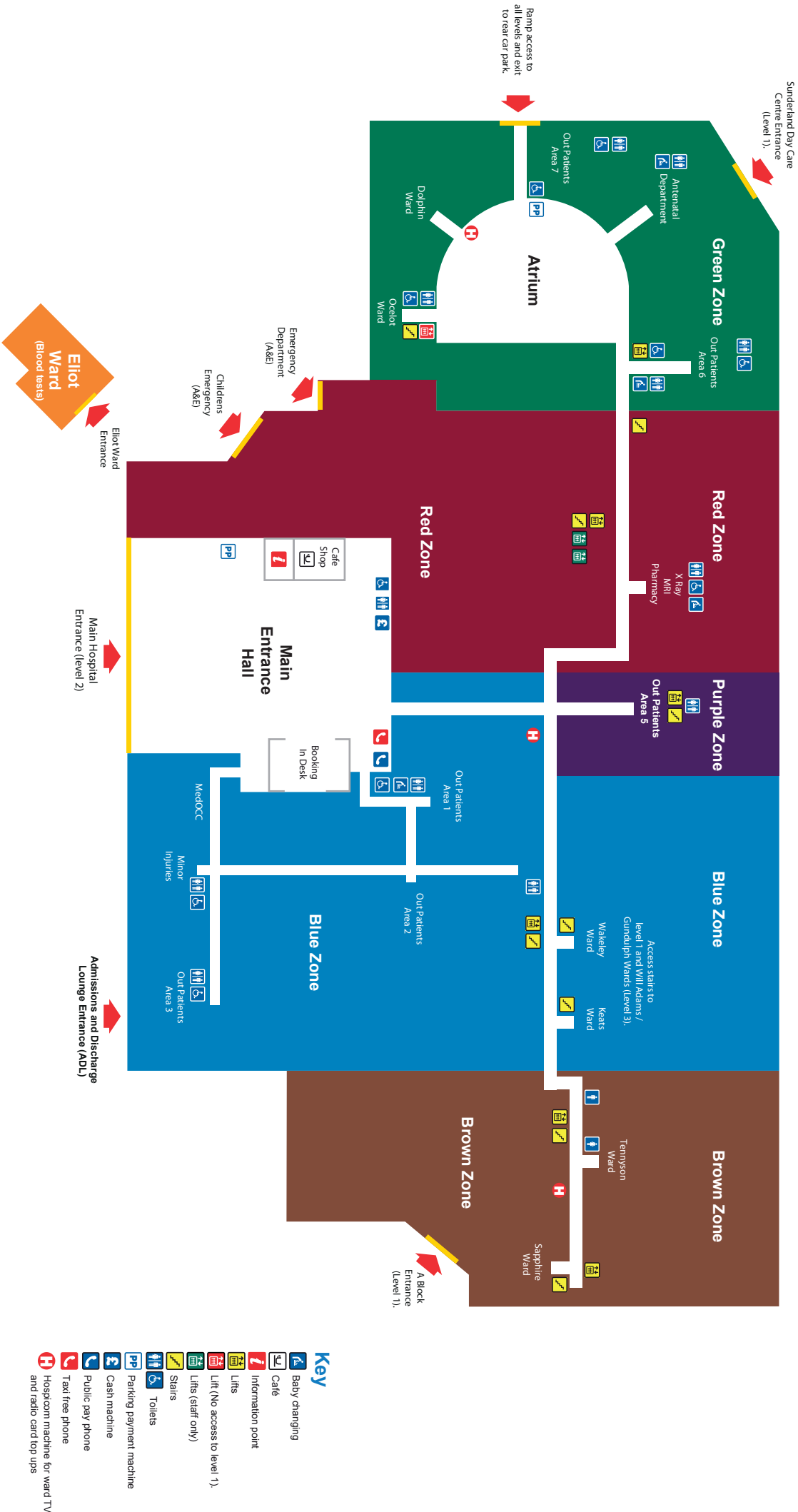
FIVE ALIVE:

CRYPTIC CROSSWORD:

NONAGRAM:








Finding your way around

Medway
NHS Foundation Trust



Department Locations

Key: Colour shown denotes Zone Colour,
number relates to Level number

Accident & Emergency 	Red 2
Accident & Emergency (Childrens) 	Red 2
Acute Medical Unit / Lister Ward	Red 3
Admission & Discharge Lounge	Blue 2
Ambulatory Care Unit	Red 3
Antenatal Department	Green 2
Appointments Desk (Main Entrance)	Red 4
Arthritis Ward	Red 4
Audiology (Outpatients Area 6)	Green 2
Breast Care Unit	Red 2
Blood Tests (Phlebotomy)	Elitot Ward
Bronte Ward / High Dependency Unit (HDU)	Brown 2
Byron Ward	Brown 2
Café & Shop (League of Friends, Main Entrance)	
Cancer Care Team (Richard Watts Unit)	Green 2
Cardiac Catheter Suite	Brown 1
Cardiology (Outpatients Area 7)	Green 2
Cardiorespiratory (ECG) Dept.	Green 1
Car Park Enquiries (Main Entrance)	Green 3
Cedar Room	Blue 2
Chapel / Prayer Room	Blue 2
Chaplaincy & Spiritual Care	Blue 2
Christina Rossetti Day Hospital	Brown 1
Coffee Lounge 	Purple 1
Coronary Care Unit	Purple 3
C.T. Department	Red 2
Day Surgery Procedure Suite	Red 2
Delivery Suite	Blue 2
	Green 4
Dermatology	Green 3
Dixons Ward	Blue 1
Dolphin Ward	Green 2
Early Pregnancy Assessment Unit (EPAU)	Green 2
Elitot Ward	See Map
Emergency Gynaecology Unit (EGU)	Green 2
Endoscopy	Green 2
ENT	Green 1
Eye Unit (Ophthalmology) 	Blue 2
Fatal Medicine Centre	Green 2
Fracture Clinic	Purple 2
Galton Day Unit	Brown 1
General Office (Main Entrance)	
Genito-Urinary Medicine (G.U.M.)	Green 3
Gundulph Ward	Blue 3
Gynaecology (Outpatients Area 7)	Green 2
Harvey Ward (Acute Stroke Unit)	Blue 1
Hearing Aids (Outpatients Area 6)	Green 2
Keats Ward	Blue 2
Kent Ward	Green 4
Kingfisher Ward	Green 4
Imaging Recovery Room	Red 2
Intensive Care Unit	Purple 3
Lawrence Ward	Brown 1
Lister Ward	Red 3
Macmillan Cancer Care Unit	Brown 1
Maples Centre	Green 2
Main Reception & Enquiries (Main Entrance)	
Management Office	Blue 2
Maxillo-Facial Surgery (Outpatients Area 6)	Green 2
McCulloch Ward	Green 3
Medic	Green 2
Medical Infusion Suite	Blue 1
Milton Ward	Brown 1
Minor Injuries	Brown 2
MRI Department	Blue 2
Nelson Ward	Red 2
Neurosciences Unit	Blue 1
Nuclear Medicine	Brown 1
Occupational Therapy & Hand Therapy	Green 3
Ocelot Ward	Blue 2
Oliver Fisher Neonatal Unit	Green 2
Orthodontics (Outpatients Area 6)	Green 4
Orthopaedics (Outpatients Area 5)	Green 2
Orthotics-Surgical Appliances	Purple 2
Osteoporosis Unit	Purple 2
Out-Patients Areas 1, 2 & 3	Blue 2
Out-Patients Area 5	Blue 2
Out-Patients Areas 6 & 7	Purple 2
P.A.L.S. (Patient Advice & Liaison Service)	Purple 2
Pathology	Red 4
Patient Affairs (Main Entrance)	
Pearl Ward	Green 4
Pembroke Ward	Red 5
Penguin Assessment Unit / Dolphin Ward	Green 2
Pharmacy Dispensary 	Red 2
Phoenix Ward	Green 3
Physiotherapy	Blue 2
Plaster Theatre	Purple 2
P.O.C.U. (Pre Operative Care Unit)	Purple 2
Podiatry	Green 3
ppCI (Cardiac Catheter Suite) 	Blue 2
Pre Assessment Unit	Brown 1
Restaurant 	Elitot Ward
Rheumatology (Outpatients Area 5)	Purple 1
Ruby Ward	Purple 2
Sapphire Ward	Brown 2
Security Desk (Main Entrance)	
Shop (League of Friends, Main Entrance)	Brown 1
Shop (League of Friends)	Red 2
Shop (League of Friends) 24 hours in A&E	Blue 2
Speech & Language Therapy	Green 1
Sunderland Day Care Unit	Green 4
Surgical Assessment Unit (SAU)	Green 4
The Birth Place	Green 4
Traillgar Ward	Green 3
Tennyson Ward	Brown 2
Ultrasound	Red 2
Victory Ward	Green 3
Wakeley Ward	Blue 2
Will Adams Ward	Blue 3
X-ray (North & South Wing)	Red 2



Smoke-Free
Monday 17 October