

Patient Information

Clinical Breast Care Nurse Specialists

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Medway Maritime – Making a Difference
Great Healthcare for a Growing Community

www.medway.nhs.uk

The Clinical Nurse Specialists for Breast Cancer are based at the Medway Maritime Hospital as members of the multidisciplinary team. We work alongside the doctors and nurses on the wards and in the outpatient department. Our role is to offer you and those close to you support, care and information during your illness.

This leaflet will give you an idea of the different ways in which we will be able to help you and how you can contact us, now or in the future.

Support and Information

A possible diagnosis of cancer can be a worrying time raising many different emotions and concerns for you, your family and carers.

Whatever your feelings it may help to talk to someone who has the time to listen and answer some of the questions you have about the disease and the proposed treatment.

Understanding may help you feel less anxious and more able to cope.

Link between different people and services

There will be a number of different people involved in your treatment and care (if you are unsure about their roles please ask) we will be able to help by “overseeing” you throughout your treatments and also to act as a link for you whilst you are undergoing treatment.

If you are at home, we will happily speak to a member of the team on your behalf.

We can also put you in touch with different services in the community that you may find useful when you are at home – the community nursing service and social services for example.

There are also a number of support groups that you might like to know about, along with a list of agencies where you can also gain further information.

You will find them listed on the reverse of this leaflet.

If appropriate, counsellors or a cancer social worker can also be contacted.

Supporting your family

A diagnosis of cancer affects all members of the family. They may need support and someone to talk to about their feelings and how they can best support you. Please make sure they see this leaflet so that they can contact us if they want to, with your permission.

How to contact us

Please do not hesitate to contact us, our working hours are Monday – Friday 8am – 5pm. Our telephone no. is **01634 825033** there is an answer machine available when you call, we will get back to you as soon as we can.

In summary

Our support is available to you and those close to you. Our role is to help whenever your thoughts, feelings or concerns become difficult for you. This can be a very stressful time for you and your family.

Macmillan CancerSupport

A UK wide charity working to improve the treatment and care of people with cancer and their families from the point of diagnosis.

Information Line: 0845 601 6161

Website: www.macmillan.org.uk

Cancerlink

Provides emotional support and information. Over 750 cancer support and self help groups nationwide.

Freephone support link service: 0808 808 0000

Website: www.cancerlink.org.uk

Breast Cancer Care

Offers information and support to those affected by breast cancer. The free confidential services are delivered by health care professionals and trained volunteers.

Telephone: 020 7384 4606

Website: www.breastcancercare.org.uk

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